## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL
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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  QUIST SCOTT M						2. Issuer Name and Ticker or Trading Symbol SECURITY NATIONAL FINANCIAL CORP [ snfca ]							Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director X 10% Owner     Officer (give title Other (specify)					
(Last) (First) (Middle) 7 WANDERWOOD WAY					3. Date of Earliest Transaction (Month/Day/Year) 07/01/2019							X	X Officer (give title below) Other (specify below)  Chairman of the Board, Pres, CEO					
(Street) SANDY UT 84092					If Amendment, Date of Original Filed (Month/Day/Year) 1/08/2019						I	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person						
(City) (State) (Zip)												Form filed by More than One Reporting Person						
			Table I - No	n-Deri	vativ	e Securi	ties Acq	uired,	Disp	osed of,	or Benef	icially O	wned					
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Ye		Execurear) if any	2A. Deemed Execution Date, if any (Month/Day/Year)		ction Instr.	4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a			5. Amount o Securities Beneficially Following Re Transaction	Owned eported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									v	Amount	Amount (A) or (D)		(Instr. 3 and 4)				(1130.4)	
Class C Common Stock				07/01/2019		9		M		63,814	A	\$3.66	1,121,728(1)			D		
Class A Common Stock				07/01/2019		9		<b>J</b> (2)		46,618	A	\$5.01	46,618	46,618 <sup>(3)</sup>		D		
Class A Common Stock				07/01/2019		9		F		46,618	46,618 D S		0(3)		D			
			Table II -	Deriv (e.g.,	ative puts.	Securition calls, w	es Acqu arrants,	ired, D optior	oispo	sed of, or onvertible	Benefic securiti	ially Ow es)	ned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numl derivati Securiti Benefic Owned	ve ies ially	10. Ownership Form: Direct (D) or Indirect	Beneficial Ownership t (Instr. 4)	
	Security			Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares	Follow Report Transa (Instr.		ed ction(s)	(I) (Instr. 4	(1)	
Employee Stock Option (right to buy)	\$3.66 <sup>(4)</sup>	07/02/2014		М			63,814 <sup>(4)</sup>	10/02/	2014	07/02/2019	Class C Common Stock	63,814(4)	\$3.66 <sup>(4)</sup>	0(-	4)	D		
Employee Stock Option (right to buy)	\$4.27 <sup>(5)</sup>	12/05/2014		A		127,629 <sup>(5)</sup>		03/05/	2015	12/05/2019	Class C Common Stock	127,629 <sup>(§</sup>	\$4.27 <sup>(5)</sup>	127,629 <sup>(5)</sup>		D		
Employee Stock Option (right to buy)	\$6.02 <sup>(6)</sup>	12/04/2015		A		121,551 <sup>(6)</sup>		03/04/	2016	12/04/2020	Class C Common Stock	121,551 <sup>(6</sup>	\$6.02 <sup>(6)</sup>	121,5	121,551 <sup>(6)</sup>			
Employee Stock Option (right to buy)	\$6.62 <sup>(7)</sup>	12/02/2016		A		92,610 <sup>(7)</sup>		03/02/	2017	12/02/2021	Class C Common Stock	92,610 <sup>(7)</sup>	\$6.62 <sup>(7)</sup>	92,61	610 <sup>(7)</sup> D			
Employee Stock Option (right to buy)	\$5.02 <sup>(8)</sup>	12/01/2017		A		82,688 <sup>(8)</sup>		03/01/	2018	12/01/2022	Class A Common Stock	82,688(8)	\$5.02 <sup>(8)</sup>	82,68	38 <sup>(8)</sup>	D		
Employee Stock Option (right to	\$5.77 <sup>(9)</sup>	11/30/2018		A		73,500 <sup>(9)</sup>		02/28/2	019 <sup>(9)</sup>	11/30/2023	Class A Common Stock	73,500 <sup>(9)</sup>	\$5.77 <sup>(9)</sup>	73,50	00 <sup>(9)</sup> D			

- 1. Owned jointly by the reporting person and his wife. Does not include a total of 61,973 shares of Class C Common Stock owned indirectly by the reporting person in the Employee Stock Ownership Plan (ESOP).
- 2. Distribution from the George R. and Shirley C. Quist Family Partnership Ltd., of which the reporting person is a limited partner, a general partner, and the Managing General Partner.
- 3. Does not include a total of 388,896 shares of Class A Common Stock owned indirectly by the reporting person in the Employee Stock Ownership Plan (ESOP), the 401(k) Retirement Savings Plan, and the Deferred
- 4. This option was granted on July 2, 2014 as an option for either 50,000 shares of Class A Common Stock at an exercise price of \$4.72 per share or 50,000 shares of Class C Common Stock at an exercise price of \$4.72 per share, or any combination thereof. This option reflects the reporting person's election to have an option for 50,000 shares of Class C Common Stock at an exercise price of \$4.72 per share, but adjusted pursuant to the anti-dilution provisions of the 2013 Stock Option Plan to reflect 5% stock dividends paid on February 6, 2015, February 5, 2016, February 3, 2017, February 2, 2018, and February 1, 2019.
- 5. This option was granted on December 5, 2014 as an option for either 100,000 shares of Class A Common Stock at an exercise price of \$5.52 per share or 100,000 shares of Class C Common Stock at an exercise price of \$5.52 per share, or any combination thereof. This option reflects the reporting person's election to have an option for 100,000 shares of Class C Common Stock at an exercise price of \$5.52 per share, but adjusted pursuant to the anti-dilution provisions of the 2013 Stock Option Plan to reflect 5% stock dividends paid on February 6, 2015, February 5, 2016, February 3, 2017, February 2, 2018, and February 1, 2019.
- 6. This option was granted on December 4, 2015 as an option for either 100,000 shares of Class A Common Stock at an exercise price of \$7.39 per share or 100,000 shares of Class C Common Stock at an exercise price of \$7.39 per share, or any combination thereof. This option reflects the reporting person's election to have an option for 100,000 shares of Class C Common Stock at an exercise price of \$7.39 per share, but adjusted pursuant to the anti-dilution provisions of the 2013 Stock Option Plan to reflect 5% stock dividends paid on February 5, 2016, February 3, 2017, February 2, 2018, and February 1, 2019.
- per share, or any combination thereof. This option reflects the reporting person's election to have an option for 80,000 shares of Class C Common Stock at an exercise price of \$7.73 per share, but adjusted pursuant to the anti-dilution provisions of the 2013 Stock Option Plan to reflect 5% stock dividends paid on February 3, 2017, February 2, 2018, and February 1, 2019.
- 8. This option was granted on December 1, 2017 as an option for 75,000 shares of Class A Common Stock at an exercise price of \$5.56 per share, but adjusted pursuant to the anti-dilution provisions of the 2013 Stock Option Plan to reflect 5% stock dividends paid on February 2, 2018 and February 1, 2019.
- 9. This option was granted on November 30, 2018 as an option for 70,000 shares of Class A Common Stock at an exercise price of \$6.07 per share, but adjusted pursuant to the anti-dilution provisions of the 2013 Stock Option Plan to reflect a 5% stock dividend paid on February 1, 2019. The option vests in four quarterly installments of Class A Common Stock, beginning on February 28, 2019, until such shares are fully vested.

/s/Scott M. Quist

07/31/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.